



## PSHE

### Statement of Intent, Implementation and Impact

*At Braishfield Primary School, our **Purpose** is to **help every child grow** to be the best version of themselves that they can be. By educating each child emotionally, physically, spiritually and academically, we will prepare them for their future. In doing this, we will equip our children with the life skills to become confident, caring citizens who can play a positive and active role in modern society.*

*Our **Vision** for the school is a positive, nurturing and happy school community, based on **kindness, honesty and respect** for ourselves, each other and for our environment. We will all strive to be successful lifelong learners by developing **inquisitiveness, independence, collaboration and resilience**. We will all strive for excellence in everything that we do. We will all be brave, resilient learners, prepared to take learning risks and learn from our mistakes.*

#### Intent

At Braishfield Primary School, we strongly believe PSHE is an essential area of the curriculum, integral to our children's wellbeing, achievement and development as global citizens in a multicultural society. We aim to equip our children with the knowledge, understanding and skills they need to manage their lives, now and in the future. Our PSHE curriculum, which includes work on citizenship, has been designed for the needs of our pupils in order to develop the qualities and attributes they need to thrive as individuals, family members and members of their local community, diverse society and the wider world. Using the Kapow scheme of work which is built upon the PSHE Association's Programme of Study and other materials such as carefully-chosen RSE materials, we have developed a comprehensive and inclusive curriculum which supports and embeds our school's learning and citizenship values. We encourage the children to be critical thinkers and to ask perceptive questions to enable them to make informed choices, identify bias and inequality and to keep themselves healthy and safe. We want the children we teach to leave Braishfield as confident, self-aware, active global citizens with an acute sense of social justice, a love for the natural world and a desire to look after and protect the environment. We believe PSHE allows the children we teach to have the opportunity to share and form opinions, develop essential communication skills, be reflective and develop empathy in a safe and encouraging learning environment.

We also know that PSHE helps pupils to achieve their academic potential. There is a proven link between pupils' health and wellbeing and their academic progress. At Braishfield Primary School, we believe every child has the right to achieve. We believe the teaching of PSHE is key to encouraging lifelong learners. Although, PSHE is not identified as a statutory subject by the Government, large parts of our PSHE curriculum such as, Families; Friendships; Staying safe; Mental wellbeing; Internet safety; Physical health; Healthy eating; Growing and Changing; Keeping Active; Substances; Health and Hygiene and Relationships, Puberty and Reproduction, are identified as statutory under the government's latest guidance, 'Relationships Education, Relationships and Sex Education (RSE) and Health Education' (Crown copyright 2019.)

### Implementation:

Our pupils receive discrete, engaging PSHE lessons. Our curriculum is taught on a two-year cycle (Cycle A and Cycle B) and within phases (Years 1/2, Years 3/4 and Years 5/6). The regular, planned units of learning are carefully developed, using a spiral approach. There are five key areas: Families and relationships, Health and wellbeing, Safety and the changing body, Citizenship and Economic wellbeing. Year 6 also have a further key area: Identity. Pupils revisit the five key areas throughout their time at Braishfield Primary School, each time with increasing depth and maturity. Upon returning to each key area, prior knowledge is utilised so pupils can build on previous skills, knowledge, attitudes and attributes. Our balanced, empowering and positive PSHE curriculum is taught through a variety of relevant life contexts. Work and evidence of discussion in class will be recorded across the school through the use of floorbooks.

Where possible, our PSHE curriculum is also enriched through planned whole school events such as Anti-Bullying Week and Children's Mental Health Week. In addition to this, we also plan for visitors to enhance the children's' learning across the PSHE curriculum. For example: Year 5/6 participate in the *Bikeability* scheme and EYFS have a visit from a 'people who help us'. Our whole school assemblies often develop core themes from our PSHE curriculum in order to embed prior learning. As educators, we are constantly adapting our curriculum to ensure that it is inclusive, so all our pupils feel represented, valued and have a sense of belonging.

PSHE forms a central part of our school's pastoral care and support for pupils. This can be seen through the 'Helping Hands' team of children, who model and demonstrate positive peer support, whilst themselves learning to make friends under the care of the ELSA. However, when children need bespoke support they may receive this from our ELSA in 1:1 or small group sessions.

### Impact

When pupils leave Braishfield Primary School, their learning in PSHE will have equipped them with key skills, knowledge, attitudes and attributes in order to be confident, active, critical global citizens and life-long learners. They will appreciate and acknowledge their self-worth and the contributions they can make as individuals in their local community, society and the wider world. Our pupils will have a strong sense of respect for and value diversity within our communities in Britain and worldwide. They will be able to make informed choices using their critical thinking skills and will know who to go to and how to seek help when needed in order to keep themselves safe and healthy. Our school's focus on learning and citizenship values will have helped to foster kind, honest and respectful young people who are independent, collaborative, inquisitive, independent and resilient learners. Our hope is that our pupils will leave us having developed a moral compass, which will guide them through life and help them to build positive relationships and achieve their hopes and dreams.

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