



Braishfield Bugle



Friday 22nd May 2026

Be kind, be brave, be ready to learn, and be your best.

Together, we grow a love of learning and a community where everyone belongs and achieves.

Dear Families,

Wow! What a great day of fun in the sun and everyone being their best!

Today we held our annual Sports Day on the recreation ground. As always, the event was brilliantly organised by Mrs Niles and Mrs Cooper, with the support of our current Sports Ambassadors, House Captains and even a few ex-pupils from Year 7. We truly couldn't run such a successful event without all of their help and support, ensuring every child had the opportunity to participate and enjoy the day (as did a few members of staff). Thank you to the staff and children for their hard work, and to the BSA team for supporting with refreshments and the all-important ice creams for the children at the end of the day.



Throughout the day, the children were exceptionally well behaved, demonstrated excellent team spirit by cheering one another on, and learnt an important lesson: you can't always win, and it's important to show resilience and good sportsmanship when things don't go your way. Congratulations to Farley house for winning the overall day.



(See more photos of the day below).

This was a great way to end another busy half term and we wish you all a sunny half term break and will look forward to seeing the children on Monday 1st June.

Best wishes,

Natalie Alldred – Headteacher

headteacher@braishfield.hants.sch.uk



Celebration Assembly – 9am on Friday morning

Our wonderful children who have been awarded certificates this week.

Headteacher's Certificate			
Little Acorns	Big Acorns	Saplings	Oaks

Upcoming events ...

- **Monday 25th - Friday 29th May - Half Term**
- Monday 1st - Friday 12th June - Year 4 Multiplication Check
- Wednesday 3rd June - Big Acorns trip to SeaCity
- Sunday 7th June - Handy Helpers Day 10-2pm
- Monday 8th - Friday 12th June - Year 1 Phonics Screening Check
- Thursday 18th June – Class Photos
- Friday 26th June – INSET Day (school closed to pupils)
- Saturday 4th July – BSA Summer Fayre
- Monday 6th July - Rocksteady concert at 2:45pm
- Friday 10th July – KS2 Production Day
- Saturday 18th July – Braishfield Flower Show
- Wednesday 22nd July – 9:30am Leavers' and Progress Cup Assembly
- **Wednesday 22nd July – End of term and school year**
- <https://www.braishfield.hants.sch.uk/special/calendar/>

What we have been learning this week...

Little Acorns

This week, Little Acorns have continued their learning about ocean habitats. The children explored the issue of plastic pollution through our Play Projects book of the week, *The Odd Fish*. This was followed by our trip to the aquarium on Wednesday, where we took part in a workshop about protecting our oceans, enjoyed seeing all the wonderful sea creatures and, of course, treated ourselves to ice cream on the beach!

On Thursday, we said farewell to Miss Frampton, who has been such a valued member of the school throughout her teaching placement. We will all miss her terribly, but she has promised to come back and visit us soon. To celebrate, the children planned their own friendship party, complete with hats, friendship bracelets, balloons, games and snacks. On Friday, we rounded off the term with a fantastic Sports Day, celebrating teamwork and always 'being your best'. What a fabulous end to the half term!

Mrs Wortham and Miss Jones

To find out more about the learning in Little Acorns, please

visit: <https://www.braishfield.hants.sch.uk/page/?title=Little+Acorns&pid=195>





Big Acorns

This week, the children finished their English unit by writing questions and facts about wolves. These will go into our class fact book about wolves. In maths, year 2 have been working hard at learning a method to work out adding numbers up to 100 and year one have been consolidating their bonds to 10 and 20. In art we explored tessellation patterns. The children created their own tessellation patterns by colouring and using resources such as shapes, multilink, peg boards and magnet tiles. In history, we continued to learn about the Titanic. We learnt about how the titanic sunk and had a debate on whether it could have been prevented. Finally, we finished our busy week with a fun and exciting sports day. Have a lovely half term.

Mrs Morant

To find out more about the learning in Big Acorns, please visit: <https://www.braishfield.hants.sch.uk/big-acorns-1/>





Saplings

This week in Saplings, we have been busy with lots of exciting learning across the curriculum.

In Science, we investigated how water is transported to leaves by using food dye to track the movement of water through plants. In RE, we learned how stones are used as symbols in different religions and created our own symbolic stone designs.

In Maths, Year 4 focused on learning about coordinates, while Year 3 practised using inverse operations to check their answers.

In English, we wrote sequels to the film clip *Contre Temps*. Mrs Doherty was really impressed with the effort, creativity, and imagination shown in our writing.

Today, we had an amazing time taking part in Sports Day! We especially enjoyed seeing the teachers dressed up in inflatable costumes, which made everyone laugh and added to the fun atmosphere.

Mrs Doherty

To find out more about the learning in Saplings, please visit: <https://www.braishfield.hants.sch.uk/saplings-1/>





Oaks

Oaks have continued to work hard this week, showing great focus in their learning. In computing, we have been entering and organising data using spreadsheets. In guided reading, we have been exploring how authors use language to engage and immerse the reader in a story. In science, we have been learning about the heart, blood, and blood vessels, and understanding their important roles within the circulatory system.

This week, we have also started our rehearsals in the village hall. We were very impressed with how some children have already learnt a lot of their lines so thank you for supporting them with this. Oaks have also filled the classroom with singing as they have been begun practising the songs.

We were also very impressed by the effort the children put into sports day today. It was great to see team work and encouragement, and everyone being their best.

Miss Jones and Mrs Niles

To find out more about the learning in Oaks, please visit:

<https://www.braishfield.hants.sch.uk/oaks-1/>



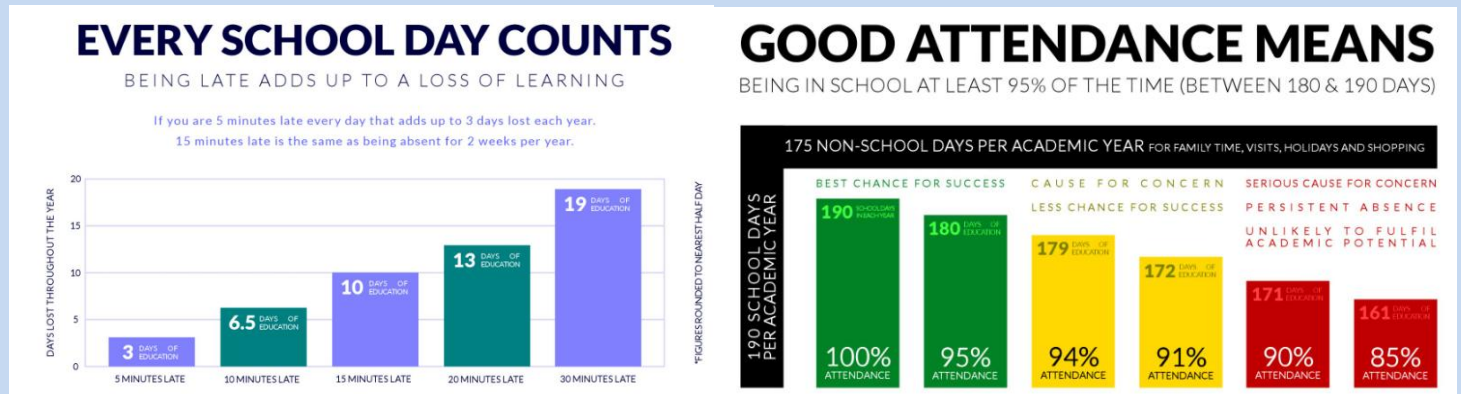
Sports' Day – Be Your Best Photos...



Why Attendance Matters!

It is the legal duty of parents to ensure that their child receives full time education. Good attendance is vital to a child's progress and achievement. Common sense tells us that absence and lateness disrupt the continuity of learning and therefore affect progress and, ultimately, success. As a result of the direct correlation between attendance and achievement, it is vital that children achieve full attendance.

It is also important to note that short periods of regular absence can be just as damaging to learning as long term absence.



🌟 Congratulations to **Year 4** who this week have achieved the best attendance in the school with 97%. Well done for showing such great commitment to learning!

Year 4 – 97%	2 days missed
Year 2 – 96.3%	3 days missed
Year 6 – 95.4%	3 days missed
Year 3 – 95%	3.5 days missed
Year R – 91.3%	6.5 days missed
Year 5 – 86.2%	9 days missed
Year 1 – 75.4%	16 days missed
Overall this week – 91.3%	43 days of missed learning across the school
Overall this year- 95.7%	
Our minimum target is 96.5%	

BSA News

Summer Fayre - 4th July - Can you help?

We are still desperate for volunteers - please consider popping your name down on the rota!
<https://docs.google.com/spreadsheets/d/1kdGYuNLUwzoQ9ytSorENatLMn2yEWNfHvrppDB2V2jl/edit?usp=sharing>

If you are struggling to edit the spreadsheet, you can download the Google sheets app or send us an email with your preferred slot to braishfieldschoolassociation@gmail.com

Teddy Bears

This year we'd love to have a 'Teddybear Tombola' at the Fayre. If you have any unwanted soft toys that are in condition, please pop them in the wash and then bring them in to school - there'll be a collection point in the office.

Handy Helpers Day – Sunday 7th June 2026

We're delighted by the fantastic response from parents and carers who have already signed up to be our 'Handy Helpers' - thank you! With a number of jobs to tackle around the school site, this is a wonderful opportunity to come together as a community and make a real difference.

Join us on Sunday 7th June, 10:00am–2:00pm – save the date!

Whether you can spare the morning, the afternoon, or stay for the whole session, we'd love to have you involved. Please let us know your availability by completing the Google

Form: <https://forms.gle/pYZQfk5xh5t3CiDY8>

There's something for everyone to get stuck into, including:

- Planting and refreshing flower beds
- Painting fences and sheds
- General fixing and mending
- Litter picking
- Creating fun play features using pallets

This is more than just a tidy-up day – it's a chance for families to connect, collaborate, and help shape our school environment together.

Children are very welcome to attend; however, please note that they will not be supervised by school staff during the event and must remain under the care and responsibility of their parent or carer at all times.

If you're able to join us, please bring along any tools you may have.

We look forward to seeing lots of families there for a productive and enjoyable day!



Homework

Big Acorns

Year 1 and 2: continue to read throughout the holidays and record this in your reading records.

Year 1: continue to practise your phonics sounds

Saplings

TTRS – Times tables check

Oaks

Over the next two weeks the children's homework is to become familiar with the Aladdin production by learning their lines, lyrics to the song and studying their character.

Useful links and information:

Please see the below link from Hampshire County Council, which offers information may be of interest to families of children with Special Educational Needs.

[SEND Local Offer Discovery Days | Hampshire CTSH](#)

MAY HALF-TERM
MULTI-ACTIVITY
CAMP
 -THE MOUNTBATTEN SCHOOL

Ofsted
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PERSONAL BEST EDUCATION

£30 per day

For children in Year 1 - Year 7

Team Games


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- COST OF PAID EXTERNAL COACHING UNTIL DECEMBER

GET INVOLVED

- VOLUNTEER COACHES REQUIRED
- VOLUNTEER KIT PROVIDED
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ALL FOR ONLY £105

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WINCHESTER - St Peter's Primary School

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 upbeatmusiccourses@gmail.com

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PLAY IN A BAND



SING & DANCE



Safeguarding and Wellbeing:

MHST – Mental Health Support Team – There are a range of different leaflets and information, which can be found on the bookshelf in the office foyer, and parents are welcome to take anything that might be useful to them.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about MENTAL HEALTH MISINFORMATION ONLINE

WHAT ARE THE RISKS?

A research study by Ofcom revealed that children aged 9-15 increasingly use online platforms like TikTok for mental health advice, with 50% relying on social media for information. Unverified medical content online is concerning, with the potential to cause confusion, anxiety, or incorrect self-diagnoses. This guide provides expert strategies to help parents and educators tackle misinformation effectively and ensure safer digital experiences for young people.

POPULAR ONLINE SOURCES

Platforms like Tik Tok and Instagram are two of the main sources of young people's mental health content. Videos and posts frequently feature unqualified influencers, contributing to misinformation, myths, and oversimplifications. While appealing to young audiences, this unverified content can distort perceptions, and create unrealistic expectations and misunderstandings about mental health conditions.

RISK OF SELF-DIAGNOSIS

Social media's misleading content encourages young people to self-diagnose complex mental health conditions inaccurately. Misdiagnosis can exacerbate anxiety, cause unnecessary worry, or delay essential professional intervention. This has the potential to escalate manageable conditions into more significant mental health issues requiring comprehensive clinical support.

LACK OF FILTERS

Social media platforms struggle to filter misinformation effectively, allowing false content to spread widely and quickly. Without proper guidance, young viewers may not discern fact from fiction, potentially internalising inaccurate beliefs about mental health. This can negatively influence their decisions about seeking professional help or managing mental wellbeing.

IMPACTFUL PAST TRENDS

Historically, online mental health misinformation has led to harmful trends, including inappropriate coping strategies or sensationalised symptoms. For example, past TikTok trends on self-harm or anxiety 'hacks' have spread damaging advice, underscoring the risk when misinformation is not promptly addressed or corrected by knowledgeable adults.

MISLEADING CLINICAL TERMS

Online trends often include the misuse of clinical terms, such as 'trauma' or 'OCD', making serious conditions seem trivial or inaccurately understood. Such misinformation can diminish empathy, and lead young people to misunderstand mental health complexities, potentially preventing them from identifying real mental health issues in themselves or others.

REPLACING PROFESSIONAL HELP

Frequent reliance on digital content can deter young people from seeking professional mental health care, substituting expert support with unverified online advice. This substitution can prolong issues, complicate recovery, and reduce the effectiveness of future professional interventions, ultimately impacting overall mental health and wellbeing negatively.

Advice for Parents & Educators

MONITOR ONLINE ENGAGEMENT

Regularly review and discuss a young person's online activity, providing appropriate guidance on discerning accurate content. Tools such as parental controls or co-viewing content can help mediate exposure to harmful misinformation, facilitating safer digital habits and informed critical thinking about mental health.

IDENTIFY RELIABLE SOURCES

Teach young people to critically evaluate mental health content by checking credentials, source authenticity, and evidence-based information. Encourage them to refer to trusted medical or educational platforms and to consult healthcare professionals for clarification. This reduces young people's reliance on potentially harmful or misleading online sources.

SCHOOL-HOME COLLABORATION

Strengthen collaboration with educators to integrate digital literacy into the school curriculum, emphasising misinformation awareness. Jointly delivered education sessions on identifying and responding to misinformation can significantly improve pupils' ability to critically assess mental health content, supporting their mental wellbeing effectively both online and offline.

ENCOURAGE OPEN DIALOGUE

Foster a non-judgemental environment where young people feel comfortable discussing online content. Regularly talking about their online experiences and perceived mental health concerns helps clarify misunderstandings, mitigates misinformation, and builds trust, thereby enhancing their resilience and digital literacy. Model situations where you have sought advice from accurate sources and not solely relied on social media for health advice.

Meet Our Expert

Anna Bateman is Director of Halcyon Education Ltd, Director for Wellbeing and Family Services at Leigh Trust, and lead expert for mental health at The National College. Anna specialises in strategic mental health solutions for schools, supporting educators and families to improve resilience, emotional literacy, and overall wellbeing for children across the UK.



The National College